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|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **July** |  |  | **AM**: Cottage Cheese/ Peaches  Whole milk for ages under 2, 1% milk for ages over 2.  **PM**: Puppy Chow,  Whole milk for ages under 2, 1% milk for ages over 2 | **AM** :Sliced apples w/peanut butter (applesauce for infants)  Whole milk for ages under 2, 1% milk for ages over 2  **PM**: veggie straws  Whole milk for ages under 2, 1% milk for ages over | **AM:** Blueberry’s/yogurt  Whole milk for ages under 2, and 1% milk for ages over 2  **PM :** Gold fish**/** cheese stick  Whole milk for ages under 2, and 1% milk for ages over 2 |
| 1-3 |
| **July** | **AM**: Fresh Strawberries w/crackers Whole milk for ages under 2, and 1% milk for ages  **PM**: Pizza roll ups /w sauce  Whole milk for ages under 2, and 1% milk for ages over | **AM:** Cheese w/ peperoni & crackers  Whole milk for ages under 2, 1% milk for ages over 2.  **PM**: Vanilla Wafers  Whole milk for ages under 2, 1% milk for ages over 2. | **AM**: Dill Pickle, saltine crackers  Whole milk for ages under 2, and 1% milk for ages over 2  **PM**: Chex Mix  Whole milk for ages under 2, and 1% milk for ages over | **AM:** Cheddar Cheese Crackers, Whole milk for ages under 2, 1% milk for ages over 2  **PM:** cheese, peperoni crackers  Whole milk for ages under 2, 1% milk for ages over 2 | **AM**: PB Crackers  Whole milk for ages under 2, and 1% milk for ages over 2  **PM**: Yogurt Parfaits  Whole milk for ages under 2, and 1% milk for ages over 2 |
| 6-10 |
| **July**  13-17 | **AM**: Goldfish Crackers  Whole milk for ages under 2, 1% milk for ages over 2  **PM**: Animal Crackers  Whole milk for ages under 2, 1% milk for ages over 2 | **AM**; English Muffin Pizzas  Whole milk for ages under 2, 1% milk for ages over 2.  **PM**: Animal Crackers  Whole milk for ages under 2, 1% milk for ages over 2. | **AM**: Cottage Cheese/ Peaches  Whole milk for ages under 2, 1% milk for ages over 2.  **PM**: Puppy Chow,  Whole milk for ages under 2, 1% milk for ages over 2 | **AM:** Cheddar Cheese Crackers, Whole milk for ages under 2, 1% milk for ages over 2  **PM:** cheese, peperoni crackers  Whole milk for ages under 2, 1% milk for ages over 2 | **AM**: Pretzels w/ cheese stick  Whole milk for ages under 2, 1% milk for ages over 2  **PM**: wheat thins, Apple Slices (Applesauce for Infants)  Whole milk for ages under 2, 1% milk for ages over 2 |
| **July** | **AM**: Cucumbers w/ ranch  Whole milk for ages under 2, 1% milk for ages over 2  **PM**: wheat thins, Apple Slices (Applesauce for Infants)  Whole milk for ages under 2, 1% milk for ages over 2 | **AM**: Rice Cakes  Whole milk for ages under 2, and 1% milk for ages over 2  **PM**: Bananas, PB  Whole milk for ages under 2, 1% milk for ages over 2. | **AM:** Cheddar Cheese Crackers, Whole milk for ages under 2, 1% milk for ages over 2  **PM:** cheese, peperoni crackers  Whole milk for ages under 2, 1% milk for ages over 2 | **AM**: Teddy Grahams  Whole milk for ages under 2, and 1% milk for ages over 2  **PM**: Yogurt Parfaits  Whole milk for ages under 2, and 1% milk for ages over 2 | **AM**: Cucumbers w/ ranch  Whole milk for ages under 2, 1% milk for ages over 2  **PM**: wheat thins, Apple Slices (Applesauce for Infants)  Whole milk for ages under 2, 1% milk for ages over 2 |
| 20-24 |
| **July**  27-30 | **AM**: Goldfish Crackers  Whole milk for ages under 2, 1% milk for ages over 2  **PM**: Carrots w/ranch  Whole milk for ages under 2, 1% milk for ages over 2 | **AM**: Teddy Grahams  Whole milk for ages under 2, and 1% milk for ages over 2  **PM**: Yogurt Parfaits  Whole milk for ages under 2, and 1% milk for ages over 2 | **AM:** Cheddar Cheese Crackers, Whole milk for ages under 2, 1% milk for ages over 2  **PM:** cheese, peperoni crackers  Whole milk for ages under 2, 1% milk for ages over 2 | **AM:** Nutri-grain bars  Whole milk for ages under 2, and 1% milk for ages over 2  **PM :** Gold fish**/** cheese stick  Whole milk for ages under 2, and 1% milk for ages over 2 | **AM:** Nutri-grain bars  Whole milk for ages under 2, and 1% milk for ages over 2  **PM :** Gold fish**/** cheese stick  Whole milk for ages under 2, and 1% milk for ages over 2 |

**Menu** **Snack–** **July 2022**